



PERSONAL DECLARATION, WAIVER & INDEMNITY

(This is to be read in conjunction with the entry registration form)

To be completed prior to participation of the "Timbavati Traverse" organised by the Timbavati Nature Reserve.

I (full names) _____

Identity number _____

Residential address _____

Telephone _____

Email _____

I do hereby warrant and acknowledge:

1. That my general health is good, including my physical and mental well-being and there is nothing which renders me unfit to participate in the "Timbavati Traverse" organised by the Timbavati Nature Reserve.
2. That I am 18 years and older.
3. I attend and participate in the Event exclusively at my own risk and at all times I have the option of not participating in or withdrawing from the Event at any time.
4. I agree to adhere to all relevant rules and conditions. I understand that I must follow the approved route and remain within the running "bus" group I am assigned to during the Running Event. The Timbavati Private Nature Reserve and Event organisers reserve the right in their discretion to reject or cancel my entry at any time, including without limitation for safety reasons.
5. I agree to obey and accept the Event rules and any other instructions (whether announced on the day or otherwise) and understand that failure to do so may result in my removal from the Event, with no refund given.
6. I consent to the free use of my name and pictures of me in any broadcast, telecast, social media and print by the Timbavati Private Nature Reserve and Event Sponsors in relation to the Event.
7. I consent to receive and agree to pay for any medical treatment (including transport by ambulance) which is considered in the reasonable opinion of the Event medical officials to be advisable, before, during or after the Event.



8. I consent to the Timbavati Nature Reserve entering my personal details contained into a data base which will be used for administration of the event only, including to email Event information to me if I have provided an email address. I also consent to my personal details being used in the following ways:

8.1. To enable the Timbavati Nature Reserve to contact me for future Events.

9. I understand and appreciate fully the fact that there may well be risks, hazards and dangers involved to which I would be subjected, more particularly,

9.1. I will be entering the Timbavati Nature Reserve which is a BIG FIVE NATURE RESERVE which have potentially dangerous animals, more particularly such as lion, leopard, hippo, rhino, elephant, buffalo, various antelope, warthog, as well as venomous snakes, spiders, insects, and poisonous plants as well as other natural hazards which may occur whilst in the Nature Reserves and whilst participating in the Run/Cycle.

9.2. My participation of the Run might be,

9.2.1. Dangerous and even life threatening to my person;

I CONFIRM

10. That there will not always be sufficient protection against such dangers even though armed game rangers will accompany the whole of the run but may not be close to me at any given time.

11. That I am aware that rivers and dams contain bilharzia and sickness may result upon entry into such waters.

12. That I am aware of the hazards and distribution of malaria in Southern Africa and that I am entering a "malaria area" whilst entering the Timbavati Nature Reserve.

13. That I am aware of the potential dangers of exposure to the sun – directly or indirectly – and that serious sunburn may result from unprotected exposure.

14. That I will be running on gravel and uneven roads being part of the running route and am fully aware of the dangers involved therein.

15. I am further aware of and understand the risks associated with COVID-19 and the manner in which the virus spreads. Given the nature of the COVID-19 virus, I know and understand the risks associated with visiting the Timbavati Nature Reserve. I accept these risks and agree that I cannot hold Timbavati Nature Reserve liable for the transmission of or any outbreak of the virus at the Timbavati Nature Reserve. I indemnify, waive any right that I might have to institute any claim of any kind in my personal capacity and representative capacity against the Timbavati Nature Reserve, its Owners, Shareholders, Management, or its staff in this regard and in relation to COVID-19, excluding any liability that is not capable of exclusion or limitation by law. I agree and undertake that, myself, and my invites, including members of my family and dependents will adhere to all policies that



Timbavati Nature Reserve has put in place with regard to COVID-19. I will inform the Timbavati Nature Reserve immediately if myself or any of our invites are sick or display symptoms which include but are not limited to cough, fever, tiredness, sore throat, runny nose, shortness of breath, diarrhea, headache, loss of taste or smell, rash or chest pain or has been infected with COVID-19 fourteen (14) days prior to my visit to the Timbavati Private Nature Reserve. In order to ensure the safety of all other attendees at Timbavati Traverse Run, I will always wear a mask in public areas, except for during the running event itself, and will ensure that my dependents do as well. Myself and my dependents will apply social distancing.

16. I accept the Standard Conditions of Contract applicable to the Timbavati Private Nature Reserve, which Standard Conditions of Contract have been supplied to me for perusal and I voluntarily assume the risk inherent in using the facilities, entering the properties, and partaking in the activities offered.
17. I together with my heirs, executors and administrators hereby release Timbavati Nature Reserve, its officers, servants, agents and representatives from any duty of care towards me in connection with my use of the facilities and participation in any activity, and from liability from all or any claims that could accrue to me, or my heirs, executors and administrators arising out of my usage of the properties, facilities and participation of activities or in any related activities, irrespective of whether such claim or claims arose from the negligence of any person, or from any of the risks, dangers or hazards inherent thereto, or of any loss of, damage to, any property from any cause whatsoever, and I further indemnify and hold harmless associated persons against any claims whatsoever as the same may arise.
18. I hereby acknowledge and I have read, understood, and accepted these terms and conditions and agree to be bound by them in relation to my attendance at and participation in the event.

Signed at _____ on this _____ day of _____ 2026.

Witness

Signature

Witness

In the event of the Entrant being under the age of 21 years, this document must be signed by his/her natural or legal guardian.

Parent/Guardian